

FOR IMMEDIATE RELEASE

CONTACT:

Wendy Jones

614-873-7627

[Wjones@mediasourceinc.com](mailto:Wjones@mediasourceinc.com)

***LIBRARY JOURNAL* ANNOUNCES THE BEST  
CONSUMER HEALTH BOOKS OF 2010**

**New York, New York, December 17, 2010**—Longtime *Library Journal* reviewer Barbara Bibel of the Oakland Public Library in Oakland, California, returned to select this year's Best Consumer Health Books.

“These books reflect developments in personalized medicine, controversies in the pharmaceutical industry, and the crisis of American health care. From incisive how-to guides to thought-provoking treatises, readers get the full picture of the year's outstanding literature,” *Library Journal* Book Review Editor Heather McCormick said.

The complete list appears below; for a synopsis and details about each book, go to <http://bit.ly/gfxVxp>.

Boyd, David R. *Dodging the Toxic Bullet: How To Protect Yourself from Everyday Environmental Health Hazards*. Greystone, dist. by PGW.

Buckley, Julie A., M.D. *Healing Our Autistic Children: A Medical Plan for Restoring Your Child's Health*. Palgrave Macmillan.

Chicoine, Brian, M.D., & Dennis McGuire. *The Guide to Good Health for Teens & Adults with Down Syndrome*. Woodbine House.

Cohen, Todd J., M.D. *A Patient's Guide to Heart Rhythm Problems*. Johns Hopkins.

Collins, Francis S., M.D. *The Language of Life: DNA and the Revolution in Personalized Medicine*. Harper.

Delgado, Jane. *The Latina Guide to Health: Consejos and Caring Answers*. Newmarket.

Fields, Stanley & Mark Johnston. *Genetic Twists of Fate*. MIT.

Fox, Jackie. *From Zero to Mastectomy: What I Learned and You Need To Know About Stage 0 Breast Cancer*. Honeyocker Pr.

Graber, Alan L., M.D., & others. *A Life of Control: Stories of Living with Diabetes*. Vanderbilt University.

Lachs, Mark, M.D. *Treat Me, Not My Age: A Doctor's Guide to Getting the Best Care as You or Your Loved One Gets Older*. Viking.

Metzel, Jonathan M. and Anna Kirkland, ed. *Against Health: How Health Became the New Morality*. New York University.

Moynihan Ray & Barbara Mintzes. *Sex, Lies and Pharmaceuticals: How Drug Companies Plan To Profit from Female Sexual Dysfunction*. Greystone, dist. by PGW.

Mukherjee, Siddhartha, M.D. *The Emperor of All Maladies: A Biography of Cancer*. Scribner.

Potter, Steven. *Designer Genes: A New Era in the Evolution of Man*. Random.

Quest, Penelope. *Reiki for Life: The Complete Guide to Practice for Levels 1, 2, & 3*. Penguin.

Rankin, Lissa, M.D. *What's Up Down There?: Questions You'd Only Ask Your Gynecologist If She Was Your Best Friend*. St. Martin's.

Skloot, Rebecca. *The Immortal Life of Henrietta Lacks*. Crown.

Speid, Lorna. *Clinical Trials: What Patients and Healthy Volunteers Need To Know*. Oxford.

#### **ABOUT LIBRARY JOURNAL**

Founded in 1876, *Library Journal* is one of the oldest and most respected publications covering the library field. Over 100,000 library directors, administrators, and staff in public, academic, and special libraries read *LJ*. *Library Journal* reviews over 8,000 books, audiobooks, videos, databases, Web sites annually, and provides coverage of technology, management, policy, and other professional concerns.